

SUPPLIERS

Meat & Poultry: Lynas Foods, Pallas Foods, McDonnell Meats Belleek

Fresh Fish: Starcrest Seafoods Eggs: Pattons of Ballyshannon

Fruit & Vegetables: McGintys of Donegal Town

Milk and Cream: Donegal Creameries

Allergen Index

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| 1. Gluten | 8. Nuts |
| 2. Crustaceans | 9. Celery |
| 3. Eggs | 10. Mustard |
| 4. Fish | 11. Sesame seeds |
| 5. Peanuts | 12. Sulfor dioxide |
| 6. Soya bean | 13. Lupin |

Dry Goods: Lynas Food and Pallas Foods Oils: Frylite

All our meat and poultry are of Irish origin and from fully traceable sources. All our soups, stocks and sauces are gluten free

Starters and Light Bites:

Glin Valley Chicken Wings €7.50 1,2,3,4,6,7,10

Choose From Our 2 Way Sauces of Smokey BBQ Sauce or Spicy Buffalo

Fresh Homemade Vegetable Soup €5.00 7,9

*Freshly Prepared Daily and Served with Brown Bread.
Gluten Free Without The Bread*

Homemade Seafood Chowder €7.50 4,7,9,10,12,14

A Rich Creamy Chowder Served With Brown Bread.

Baked Brushetta Bites €5.50 1,3,7,8,10

Warm Garlic Bread Toasted With Sundried Tomato and Fresh Basil Pesto Topped With Melted Brie.

Warm Garlic Bread €5.00 1,3,7,10

Served With House Salad Garnish and Topped With Garlic Butter.

Add Cheese For 0.50

Homemade Beef Nachos €8.50 1,3,6,7,10

Mildly Spiced Ground Beef, Topped with Grilled Cheese, Seasoned

Tortilla Chips & Sour Cream Dipping Sauce

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Oven and Grill Selection:**Pan Fried Sirloin Steak Special €23.95 7**

Cooked to your Liking, Topped with Sauté Onions and Roasted Mushrooms, Chunky Chips and Pepper Sauce.

Piri-Piri Chicken with Mango Mayo €14.95 1,3,10,12,13

Golden Spiced Chicken Breast, on Toasted Sourdough Bread With Mango Mayo and a Tomato and Chilli Jam, Served with Sweet Potato Fries

Garlic Steak Sandwich €16.50 1,7

Pan Fried Irish Hereford Beef with Sauté Onions on a Toasted Ciabatta, Chunky Chips and Pepper Sauce.

Grilled Darne of Salmon €16.50 4,7,12

Served with Creamed Leeks, Lemon Caper & Parsley Butter Sauce Baby Potatoes and Vegetables

Mexican Fire Burger €15.50 1,2,3,4,7,12,13

Crispy Chicken Fillet Dusted with Chilli Flakes, Jalapeños and Melted Jack Cheese Served with Coleslaw & Sweet Potato Fries

Crispy Chicken Goujons €15.50 1,2,3,4,7,10

Golden Fried Chicken Goujons With Sweet Chilli Mayo Dip, Served with House Salad Garnish and Fries

Boiled Bacon and Cabbage €15.50 7,

Traditional Irish Bacon and Cabbage with Creamy Mash Potatoes, Vegetables and Parsley Sauce.

Wild Atlantic Fish and Chips €14.95 1,2,3,4,7,10,12,14

*Freshly Battered Cod with Mushy Peas, House Salad Garnish,
Lemon & Caper Mayo and Chunky Chips.*

Pasta Pappardelle With Chicken €15.50 6,7,9,10,12

*Marinated Chicken Strips Cooked in a Homemade Tomato Ragu
With Basil, Parmesan and Finished with Fresh Cream.*

Oven Baked Lasagne Al Forno €14.95 1,3,7,9,11,12,13

*Fresh Local Mincemeat Bound in a Tomato Ragu Topped with White
Sauce and Grated Mozzarella With Chips and Garlic Bread*

Succulent Chicken Stir Fry €15.95 1,3,6,9,11

*Marinated Chicken Strips with Crunchy Vegetables in a
Homemade Stir Fry Sauce Served with Noodles*

Warm Chicken & Bacon Salad €15.50 3,7,9,10,12,13

*Marinated Chicken Fillet Strips Cooked With Chorizo, Bacon
Strips and Baby Potatoes, Drizzled With Garlic Mayo*

100% Irish Gourmet Beef Burger €15.50 1,3,7

*Served in a Toasted Brioche Bap & Topped with Streaky Bacon,
Melted Jack Cheese with Coleslaw and Chips*

Thai Style Chicken Curry and Rice €15.50 6,7,9,10,12
*Homemade Red Thai Curry Bound with Far Eastern Spices and
Coconut Milk with Fresh Fruit.*

Served with Rice. Half and Half for only €1.00

Thai Style Vegetable Curry and Rice €13.50 6,7,9,10,12 (v)
*Homemade Red Thai Curry Bound with Far Eastern Spices and
Coconut Milk with Fresh Fruit with Boiled Rice*

Half and Half for only €1.00

Vegetable Stir Fry €14.50 1,3,6,9,11
Crunchy Vegetables, Homemade Stir-fry Sauce Served with Noodles

Mushroom Pappardelle €14.50 6,7,9,10,12
*Cooked in a Homemade Ragu with Basil, Parmesan & Finished
with Fresh Cream.*

Side Dishes and Sauces

Saute Mushrooms 7	Baby Potatoes 7
Sweet Potato Fries 1,2,3,4,6,7,12,13	Saute Onions 7
Side of Vegetables	Noodles 7,9,11
Coleslaw 3 Tossed Salad 7,10	Creamed Potatoes 7
Chips 1,2,3,4,6,7,12,13	

All Priced at €3.00 each

Gravy	Buffalo Sauce
BBQ Sauce 10,12	<i>Sweet Chilli</i>
Pepper Sauce 7	<i>Garlic Butter 7</i>
<i>Curry Sauce 6,7,9,10,12</i>	<i>Coleslaw 3</i>
Garlic Mayo 3	

All Priced at €1.50 each

Please inform your server of any allergy to ensure food preparation is kept separated and safe from cross contamination of other allergens.

Desserts €5.50

Please ask your server for our dessert selection.

Speciality Teas and Coffees available.